

**FISH NEWS, FISH NEWS, FISH NEWS, FISH NEWS, FISH NEWS, FISH NEWS, FISH**

## WELCOME



to the



# Prattville Flying Fish

*The extreme team*

**Vol XI, Number 1**

**(Week 1 of our 11 week season)**

This is the first in a series of weekly newsletters that help keep you up-to-date about the State's EXTREME funNest, finest, fishiest fish – The Prattville Flying Fish!

Morning Practices: Brrrrrrr! The water is kinda cold in the morning and most of you are in school for the next week or two so we will not start any morning practices until May 26th.

coaches: Man o' Man do we have coaches! This year we have these returnees: Joe, Matt, Martie, Sam, Jake, Lauren, Alyssa, and Woody. We also have Ben and Scott this year rounding out the state's finest coaching staff!

Seasoned, veteran swimmers who swam for pff last year: You will start in the same practice group as you were in last year. Move-ups will be made individually – OR – announced in a week or two. Check the bulletin board.

Memorial Day Weekend: NO Practice Friday, May 22nd, or Monday, May 25<sup>th</sup> – BOOOOOO!

Birth Certificates: New swimmers (new to PFF) **MUST** provide a birth certificate copy. Put it in Joe's folder.

Read the Parent's handbook! A LOT of your questions are answered in it!!!

Vacations: We must know if you cannot attend a swimming meet due to planned vacation or out-of-town stuff. Otherwise, we will place your child in events that prevents other children from swimming. If you don't let us know, the whole team suffers. Please fill out a **MISSED MEET form** (*on the back of this newsletter*) and indicate what meets you'll miss by checking the dates you'll be out of town. Return this page to coach Joe's folder.

Answers to Frequently asked questions: (1) I don't know anything about the diving team, ask coach Drew. (2) For away swimming meets we normally meet at the pool and convoy; however, you do not have to be in the convoy and only rarely are we able to get the city bus... so arrange your own transportation!

CAPS, CAPS, CAPS: All swimmers are **strongly encouraged** to buy swim caps and wear them at meets. Why? (1) So your coaches can recognize if a Flying Fish swimmer is in the water and (2) because they reduce drag – they make you faster. If you wear a cap at meets (and you should) it **MUST** be a PFF cap.

WEBSITE: go to [www.prattville.com](http://www.prattville.com) and click on Prattville Flying Fish on left hand side

## VOLUNTEER!!!

LET A MEMBER OF THE PARENTS ASSOCIATION KNOW how YOU'D LIKE TO HELP THIS YEAR.

